

Acadia THRIVE Conference for Administrative Professionals

(SEIU, AUPAT, Limited Term, and Externally Funded employee groups)

April 30, 2025 10:00am—4:00pm





Conference Schedule April 30, 2025

10:00am—10:45am Welcoming and Open Remarks

(Huggins Science Hall 010)

11:00am—12:00pm Session 1

(various campus locations)

12:00pm—1:00pm Lunch and Networking

(Wheelock Dining Hall)

1:00pm—2:00pm Session 2

(various campus locations)

2:00pm—3:45pm Keynote Speaker—Pam Mood

(Huggins Science Hall 010)

3:45pm—4:00pm Closing Remarks

(Huggins Science Hall 010)



ACADIA U N I V E R S I T Y

Keynote Speaker Pam Mood

Pam Mood comes to us from the beautiful seaside Town of Yarmouth, Nova Scotia which she refers to as "the best piece of real estate on earth!" CEO of Pam Mood Consulting, she is a leadership expert, and travels internationally, delivering hundreds of sessions on topics including dealing with change, teambuilding, strategic planning, engagement, and many others. Pam's sessions are invariably catalysts that will help change the way we see and deal with both our work and personal lives. Pam's "tell-it-like-it-is" approach has made her a much sought after speaker. She believes laughter breaks down walls and session participants are sure to laugh (mostly at themselves!) as the walls affecting us and our workplace are broken through.

She is the mother of three grown, successful children, a proud Acadia graduate, is serving her fourth term as Mayor of the "best piece of real estate on earth" and loves nothing more than a great conversation with a critical thinker, soft serve ice cream and a good belly laugh.



HELP ME DEAL WITH IT ALL SO NO ONE GETS HURT!!

It's been a wild few years and it's time to hit the RESET button...the one that allows us to have fun while getting the job done Acadia Style aka A+! Between work-life balance, recouping from the big C(ovid), trying to do more with less AND dealing with the only thing that is constant – CHANGE – the reset button is looking mighty good. Through a series of fun, interactive and educational activities, we'll start by identifying some of the issues that affect us most. We'll move on to working on how to gracefully make our way through the multitude of changes that keep coming at us and end with "From Distressing to Destressing", a reminder to eliminate those things that affect us negatively, and instead turn to the Top 10 of looking after ourselves, allowing us to enjoy what we do and who we do it with every day. We'll top it all off with a giant dollop of laughter and know that the reset button has indeed, been hit! Then I dare anyone try to top this team!



Thank you to our Presenters & Sponsors.

Alicia Noriega- Mundaroy Amy Rockwell **Beverly Mckee** Cassel Busse Christianne Rushton Colin King Colin MacKay Deanne van Rooyen **Donna Sears** Erin Richelle Gabrielle Donnelly **Geoffrey Whitehall** Glenys Gibson Glyn Bissix Hailey Wills Janet Dyment Janis Dawson **Jeffrey Sachs** Jen Kershaw Jessica Riddell Johannes Wheeldon

Josh d'Entremont Krissy Keech Kristin S Williams Laura Churchill Duke Kelsey MacGowan Laurie Dalton Maddie Gallant Mary Sweatman **Melanie Coombs** Michael Robertson **Nelson O'Driscoll** Rebecca Casey Roxanne Seaman Sarah Bohunicky Sarah Mackinnon **Scott Landry** Sufia Langevin Tanya Surette Terry Weatherbee Ueli Albert Wasundara Fernando Wilma Carty

Office of the Provost and Vice-President Academic
Office of the Vice-President of Finance and Administration [&] CFO



John Colton





| Sess | ion 1: 11:00am – 12:00pm. Example: S1. Session 2: 1:00pm – 2:00pm. Exar | nple: S2. |
|---------|---|------------|
| Session | Session Description | Modality |
| Number | | 0004 |
| S1-1 | Title: Nursing Skills Lab- Learning Resources & Simulation | 8 4 NV |
| or | Presenter: Amy Rockwell | |
| S2-1 | Description: Come and join us for a tour and demo in our nursing skills lab | |
| | and also hear about our nursing program and what is new in simulated learning! | DEMO DEMO |
| | Location: EMM 209 | |
| | Max Enrolment: 15 | |
| S1-2 | Title: Welcome to Acadia's Wildlife Museum | |
| or | Presenter: Jen Kershaw | ٣đ |
| S2-2 | Description: The Acadia Wildlife Museum, housed in the basement of the | |
| | Biology building, has a collection of over 2000 birds, 4500 mammal specimens, | |
| | 300 species of fish as well as other animal taxa including molluscs, sponges, | |
| | echinoderms, and arthropods. Some of the specimens date back to the mid- | |
| | 1800's. The collection is used to support teaching and research at Acadia and | |
| | beyond, and the space is home to many learning laboratories. Come discover | |
| | this wonderful resource for yourself! | |
| | Location: Biology Building Basement Max Enrolment: 14 | |
| S1-3 | Title: Pathology 100 | MM |
| or | Presenter: Glenys Gibson, Melanie Coombs & Wasundara Fernando | |
| S2-3 | Description: Interested in knowing what happens to our dynamic tissues when | ⊗ □ |
| 02 0 | we get sick? Join us in Pathology 100! In this mini-lab, you'll get a chance to | |
| | see what happens at a cellular and tissue level in cancers and some other | |
| | diseases. Also, you'll get to see the way some Biology labs work, for both | |
| | teaching and research. | |
| | Location: BIO 240 | |
| | Max Enrolment: 20 | |
| S1-4 | Title: What is working and how can we use it? One at a time Therapy at | |
| or | the Red Spruce Mental Health Centre Presenter: Janis Dawson & Tanya Surette | |
| S2-4 | Description: The Red Spruce Mental Health Centre is a cost-free service that | |
| | offers free counselling to individuals without access to affordable mental health | |
| | care. The Red Spruce is launching a One-at-a-time (OAAT) approach that | |
| | provides support at time of need and helps individuals get back in contact with | |
| | their resources and strengths as an important starting place to move towards | |
| | wellness goals. This session will give a virtual tour of the Red Spruce, a | |
| | chance to learn about the centre and OAAT therapy, and leave with some | |
| | specific reflection questions that could offer an entry point for participants to | |
| | improve their wellness. | |
| | Location: BAC 137 | |
| | Max Enrolment: 30 | |
| | Please note: Participants will not be asked to share anything about | |
| | themselves, their wellness or relationship with counselling. The activities | |
| | involved in this session will be optional and self-reflective. | |

| Sess | ion 1: 11:00am – 12:00pm. Example: S1. Session 2: 1:00pm – 2:00pm. Exar | nple: S2. |
|-------------|--|-----------|
| Session | Session Description | Modality |
| Number | | |
| S1-5 | Title: Improving our Communication | Will I |
| or | Presenter: Laura Churchill Duke | |
| S2-5 | Description: As a communications instructor for kinesiology and nursing | Ę Q |
| | students, Laura's aim is to not teach facts, but to teach skills. One of the big | 22 |
| | things employers are noticing about new employees is that they don't have the | |
| | ability to make small talk, and they can't make eye contact when talking. This | |
| | could be a result of COVID, the heavy reliance on phones, and an increase in | |
| | anxiety because of it all. Laura spends a lot of time teaching people how to | |
| | talk, and feel comfortable in doing so. She uses a lot of activities to get people | |
| | talking and you will learn about different barriers that get in the way of | |
| | conversations. This hands-on workshop will use some of these activities and | |
| | can be transferable to one's own unit or personal life. | |
| | Location: BAC 135 | |
| 04.6 | Max Enrolment: 20 | • 🗆 |
| S1-6 | Title: How Do Loudspeakers Work? Presenter: Michael Robertson | DEMO |
| | | " 222 🔾 |
| | Description: Have you ever wondered how sound is reproduced in a loudspeaker, or why we put speakers in boxes? If so, this is the talk for you! | |
| | We will start by exploring a couple of the terms used to describe sound, move | |
| | onto what the parts of a speaker do, and finish with a listening party using a | |
| | couple of pairs of homemade loudspeakers (audio on a budget). There will be | |
| | plenty of demonstrations, and hopefully some fun along the way. | |
| | Location: HSH 143 | |
| | Max Enrolment: 36 | |
| S1-7 | Title: Politics: The news as it happens is a tricky textbook | • |
| or | Presenter: Geoffrey Whitehall | 'II |
| S2-7 | Description: "Global Politics: The news as it happens is a tricky textbook" is | |
| | an opportunity to learn about the challenges of teaching global politics is a | |
| | rapidly changing world. The presentation will showcase an Acadia course | |
| | redesign that uses the New York Times as its "Morphing Textbook." | |
| | Location: BAC 138 | |
| | Max Enrolment: 50 | |
| S1-8 | Title: The wonderful world of rocks through the microscope! (or Don't | inis |
| or | judge rocks by its outside!) | |
| S2-8 | Presenter: Deanne van Rooyen | |
| | Description: Ever wonder what rocks look like on the inside? This | |
| | presentation will take you on a tour through the microscopy laboratories in the | |
| | Department of Earth and Environmental Science. Join us for a look at local and | |
| | faraway rocks using petrographic microscopes. | |
| | Location: HSH 312 | |
| | Max Enrolment: 12 | |

| Sess | ion 1: 11:00am – 12:00pm. Example: S1. Session 2: 1:00pm – 2:00pm. Exar | nple: S2. |
|----------------------|---|-------------|
| Session Number | Session Description | Modality |
| S1-9 | Title: Can the Rule of Law Exist in Authoritarian Regimes? | <u> </u> |
| or | Presenter: Jeffrey Sachs | " |
| S2-9 | Description: It's hard to see how the rule of law independent courts, legal equality, due process could exist in an authoritarian regime. Yet it *does* exist, at least sometimes and in some contexts. This presentation will look closely at contemporary Egypt, where courts have enjoyed real independence and authority despite the authoritarian nature of the regime. Our goal is to understand how this situation came about and what it tells us about the politics of non-democratic governments. Location: BAC 236 | |
| | Max Enrolment: 57 | |
| S1-10 or S2-10 | Title: #RepeatDon'tRepeat: Insights on Learning New Skills Presenter: Krissy Keech Description: In their first year, music students discover what the latest brain | |
| | research says about making new skills "stick." These principles apply to learning all skills, not just music! So, come learn like a music student, and apply these concepts to whatever new thing you're trying to master! Be prepared to participate a little with some minimal movement while seated. Location: HDH 226 Max Enrolment: 25 Please note: We will do some clapping and tapping, so loose clothing is | |
| | preferable, but not required. | |
| S1-11 | Title: Experience Sledge Hockey Presenter: Ueli Albert Description: Participants will be introduced to the sport of sledge hockey and will have the chance to try out the sledge hockey in a hands-on workshop. If the instructor deems it safe there will be scrimmage game at the end of the session. No prior experience is required. Location: Acadia Arena – ice surface Max Enrolment: 12 Please note: Participants are encouraged to bring their own hockey helmets and gloves. If a participant needs a helmet and gloves we will provide it to them but there is not guarantee for perfect fit. All participants will get the sled and sticks provided to them. Title: Athletic Therapy at Acadia | |
| G1-12 | Presenter: Colin King Description: The Jim MacLeod Athletic Therapy Clinic acts as a space to help educate and build competence in the next generation of prospective athletic therapists at Acadia University. Named after Dr. Jim MacLeod, PhD, CAT(C), recognizing his 40+ year contributions to athletic therapy at Acadia University, the clinic serves as a teaching space for athletic therapy courses as well as a living lab where students get the opportunity to practice their injury assessment and rehabilitation techniques while working with varsity athletes. Location: AAC 2142 Max Enrolment: 40 | ## T |

| Session 1: 11:00am – 12:00pm. Example: S1. Session 2: 1:00pm – 2:00pm. Example: S2. | | |
|---|---|------------|
| Session Description | | Modality |
| Number | | |
| S1-13 Title: Exploring the Acadia S.M.I.L.E | E. Snoezelen Room: A Multi-Sensory | Ba Mile |
| Experience | | |
| Presenter: Roxanne Seaman | | |
| Description: This interactive session | will introduce conference attendees to | |
| the Acadia S.M.I.L.E. Snoezelen Roor | n, a specially designed multi-sensory | |
| environment that supports individuals | of all abilities. Snoezelen experiences | |
| has been widely used to promote relax | kation, engagement, and sensory | |
| stimulation for individuals with disabilit | ies, dementia, and sensory processing | |
| challenges. | | |
| Attendees will learn about the principle | es of Snoezelen, its benefits, and how it | |
| | recreational settings. The session will | |
| · | ith various sensory elements, including | |
| soothing lights, tactile surfaces, and ca | | |
| | zelen environment, attendees will gain a | |
| deeper understanding of how multi-se | | |
| being, reduce anxiety, and support div | • | |
| valuable insights into the power of sen | | |
| Location: Acadia Athletic Complex, S | | |
| Max Enrolment: 10 | | |
| Please note: Shoes are not permitted | to be worn in the Snoezelen room, | |
| socks are recommended. | , | |
| S1-14 Title: Law and society programs in | Canada: Lessons and Laments | |
| Presenter: Johannes Wheeldon | | 11 |
| Description: Law and society prograr | ns are growing in Canada. Based on a | |
| survey of faculty and staff across Cana | ada, I explore some lessons in terms of | |
| establishing, sustaining, and developing | ng law and society programs. I also | |
| consider some challenges from curricu | ıla, pedagogy, and institutional support. | |
| Location: BAC 237 | | |
| Max Enrolment: 57 | | |
| S1-15 Title: Exploring Research and Com | munity Practice in Community | |
| Development | | 2 2 |
| | nan, Gabrielle Donnelly, Alicia Noriega- | |
| Mundaroy, Janet Dyment, Glyn Bissix | | |
| Description: The Department of Com | | |
| program of scholar-practitioners whos | | |
| | communities. In this panel discussion and | |
| | ase their research and impactful student | |
| experiences. Research examples inclu | | |
| <u> </u> | a low carbon future, outdoor leadership | |
| development, and anti-racism in rural | community development. | |
| Location: PAT 206 | | |
| Max Enrolment: 60 | | |

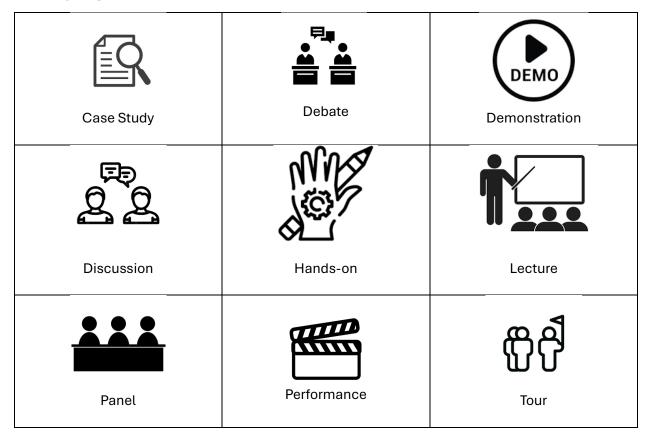
| Sess | Session 1: 11:00am – 12:00pm. Example: S1. Session 2: 1:00pm – 2:00pm. Example: S2. | | |
|---------|--|----------|--|
| Session | Session Description | Modality | |
| Number | | | |
| S1-16 | Title: Advancing the Truth and Reconciliation's Call to Action #24 in | | |
| | Nursing at Acadia-CBU | | |
| | Presenter: Dr. Beverly McKee, Dr. Cassel Busse and Professor Maddie | | |
| | Gallant | | |
| | Description: Professors Gallant, Mckee and Busse will provide a space for | | |
| | discussion, learning and unlearning about their commitment to advancing the | | |
| | TRC's Call to Action #24 in the Acadia CBU-Nursing Program. Gallant, Mckee | | |
| | and Busse will share tangible and responsive approaches and encourage | | |
| | others to share their reflective approaches to advancing equity in their | | |
| | teaching. It will be a short presentation, followed by a discussion on learning | | |
| | and unlearning as a group in a safe space. | | |
| | Location: EMM 201 | | |
| | Max Enrolment: 35 | | |
| S1-17 | Title: K.C. Irving Center Contaminants Labs and Mercury Research Tour | ٣đ | |
| | Presenter: Nelson O'Driscoll | wu | |
| | Description: Tour of the contaminants labs in KCIC with discussion of current | | |
| | research on mercury and other contaminants. | | |
| | Location: Research Wing of KCIC and phytotrons | | |
| | Max Enrolment: 15 | | |
| S1-18 | Title: Acadia SteamSpace Tour | ٣đ | |
| | Presenter: Terry Weatherbee and Donna Sears | WU | |
| | Description: Steamspace aims to foster creativity and innovation, and to | | |
| | support all types of making. The space is designed to serve the creative needs | | |
| | of faculty, staff, and students – whether for academic or personal purposes. It | | |
| | will also be one of the first university makerspaces in North America that | | |
| | welcomes members of the surrounding community. | | |
| | Location: SteamSpace – Raymond House, upper level | | |
| | Max Enrolment: 15 | | |
| | Please note: This space is a scent-free environment. | | |
| | | | |

| Sess | ession 1: 11:00am – 12:00pm. Example: S1. Session 2: 1:00pm – 2:00pm. Example: S2. | |
|---------|---|----------|
| Session | Session Description | Modality |
| Number | | |
| S2-6 | Title: Making the Invisible Visible Again Presenter: Michael Robertson Description: It sometimes happens that ink used in the preparation of documents fades resulting in reduced contrast between the ink and substrate (paper, parchment, pottery, photograph, etc.), often to the point where the writing is no longer readable. One method for recovering contrast between the ink and substrate is to use imaging techniques involving a variety of light sources, filters, and cameras. Even though the ink may be invisible using normal indoor lighting and our eyes, residual ink may absorb, reflect or luminesce with colours outside the normal range of human vision. In this talk, an introduction to the methods used for imaging outside of the normal human range of vision and applications to a variety of documents and paintings will be presented. Please feel free to bring along any faded documents or photographs, and we can have a go at restoration. | |
| | Location: HSH 143 Max Enrolment: 36 | |
| S2-11 | Title: Low Back Health Presenter: Sarah Mackinnon and Sarah Bohunicky Description: Low back pain (LBP) is common, affecting 619 million people globally (WHO, 2020). This session will introduce attendees to common causes of LBP and rehabilitative methods for treatment and prevention, such exercises, ergonomics, and therapeutic modalities. Location: Gym 491 Max Enrolment: 15 | |
| S2-12 | Title: Supporting health and well-being for staff in a knowledge economy Presenter: Mary Sweatman, Gabrielle Donnelly, Rebecca Casey, Erin Richelle, Jessica Riddell, Sufia Langevin Description: This presentation includes data from a study on Acadia University's Four Day Work Week Summer Pilot Project. We conducted a survey, as well as focus groups and interviews with staff who participated in the pilot project, which demonstrated that the implementation of a four-day work week during the summer of 2024 had an overall positive effect on the general well-being of staff at Acadia University. This presentation will go into detail on the study's three major themes: productivity, wellbeing and morale. Measuring productivity in the knowledge sector (such as universities) is challenging and the 4DWW pilot demonstrated that work was still completed despite the shift to a four-day work week. Additionally, staff reported that an extra day off during the week resulted in improved physical and mental health outcomes and a general sense of increased well-being and satisfaction with working at Acadia. Location: BAC 424 Max Enrolment: 40 | |

| Session 1: 11:00am – 12:00pm. Example: S1. Session 2: 1:00pm – 2:00pm. Example: S2. | | |
|---|--|----------|
| Session | Session Description | Modality |
| Number | | - |
| S2-13 | Title: The Student Research Lab at Prudentia Institute & the FC Manning School of Business Presenter: Kristin S Williams Description: In the Student Research Lab, we amplify the wisdom of youth (ages 15-18) by involving and empowering them in every aspect of the research process. Youth investigate the pressing issues facing youth today. They develop information literacy skills, learn about data collection, analysis and knowledge mobilization. The Research Lab is both an award winning, scholarly research lab and an educational and developmental program for youth. The Lab is a key program of Prudentia Institute, a registered charity. It is hosted at the FC Manning School of Business on a weekly basis from October to June. Students are recruited from the Annapolis Valley region of schools and earn a full high school credit through the province's co-op program for their | |
| | participation in the Lab. The Lab was recently recognized as one of Acadia University's world-class research centers in Acadia Strategic Research Plan. Location: PAT 107 Max Enrolment: 60 Please note: In this session, we will explain how the Lab developed as both a scholarly research space and a developmental program for youth. We will explain how youth are engaged and the activities they undertake in the Lab, collecting and analyzing data. We will also share some of our insights from the data we have collected across three different studies. | |
| S2-14 | Title: Writing Matters: Sources, Structure, and Citations Presenter: Johannes Wheeldon Description: Supporting student writing is time intensive, often ancillary to core course objectives, and varies tremendously by discipline. In this talk I outline some concerns and present 5 ways to support student writing in many courses. Focusing on regular low stakes writing assignments, educators can introduce sources, structure, and citations in advance of term papers, written exams, or other assignments. I outline a planned research project designed to test these ideas. Location: BAC 237 Max Enrolment: 50 | |
| S2-15 | Title: Integrated Knowledge Translation; responsive and equity-oriented research Presenter: Dr. Beverly Mckee, Dr. Cassel Busse and Professor Maddie Gallant Description: Professors Gallant, Mckee and Busse will provide an educational discussion on Integrated Knowledge Translation. Tangible examples will be provided on ways in which communities can be engaged in research, specifically through using an IKT approach to research. Professor Gallant will share a case example of informing IKT with an equity-oriented approach, while Dr. Mckee will share the approach she used in her PhD with Inuit populations. Location: EMM 201 Max Enrolment: 35 | |

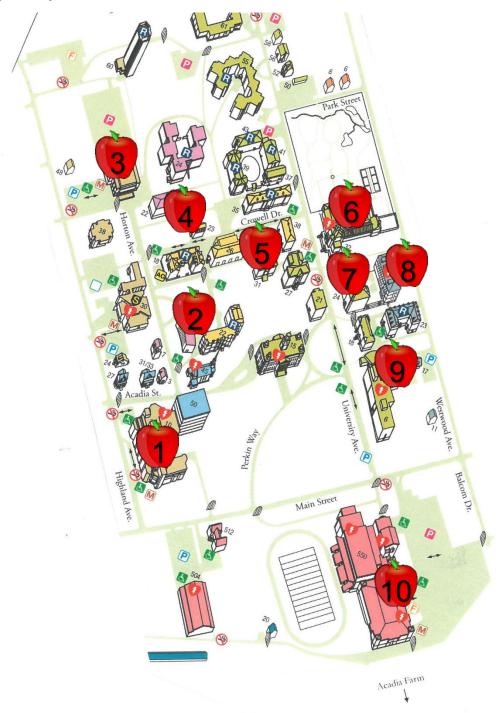
| Sess | ion 1: 11:00am – 12:00pm. Example: S1. Session 2: 1:00pm – 2:00pm. Exar | mple: S2. |
|--------------------|---|-------------|
| Session | Session Description | Modality |
| Number | | |
| S2-16 | Title: Beyond your library Presenter: Wilma Carty, Josh d'Entremont, Colin MacKay, & Hailey Wills. Description: Hailey will give an overview of electronic resources available through the Acadia Library website for personal and/or professional use. Wilma and Colin will show how staff can use Interlibrary Loans to request books from outside the Acadia Library, for personal and/or professional use. Josh will demo the use of Microsoft Forms to show how we can create online forms that allow others to submit files, answer surveys, and more. Location: VML Quiet Room Max Enrolment: 30 | DEMO |
| S2-17 | Title: Fact or Fiction: Debunking myths about the health and power of your voice. | |
| | Presenter: Christianne Rushton Description: Have you ever finished a work-day and felt hoarse? Have you ever wondered why your voice sounds the way it does? Have you ever been told you lack confidence or power in your speaking? This workshop will offer you tools to evaluate your vocal health, understand that your speaking voice is a tool to your message, and build skills that allow better control of your tone and timbre. Join us for this interactive workshop on the power of your speaking voice and its role in your ability to do your job healthily and successfully. Location: HDH 204 Max Enrolment: 30 | ලිංගු |
| S1-19 | Title: Analyzing human movement to understand performance, injury | DEMO |
| or \$2-18 | And disease Presenter: Scott Landry Description: The John MacIntyre mLAB (motion Laboratory of Applied Biomechanics) uses motion capture, the same technology used to make video games and animation movies like Avatar, along with force and other wireless sensors to analyze human movement from a sports science, injury prevention and performance enhancement perspective. Companies like Nike, adidas and even Lululemon use labs like the mLAB to help develop footwear and test how their products interact with the athlete. Recently, numerous marathon and running world records have been broken due in big part to footwear innovations that have come out of labs like the mLAB. Aside from the sports science field, technologies within the mLAB are also being used to study concussions, ACL injuries, hip and knee osteoarthritis and total joint replacement. Location: AAC 2010 Max Enrolment: 22 | OEMO) |
| S1-20 | Title: Behind the Scenes of the Acadia Art Gallery: Hands-on Learning | DEMO) (CO) |
| or S2-19 | with the Collection Presenter: Acadia University Art Gallery- Laurie Dalton & Kelsey MacGowan Description: Established in 1978 the Acadia University Art Gallery has a collection of over 3,000 works of art. Join us for this hands on learning session where you will see some works from the collection, and then create your own work of art inspired by the collection. Open to all! materials included. Location: BAC 131 Max Enrolment: 25 | |

Modality Legend



Campus Map and Simple Directions

Campus Map



Simple Directions

| Acadia Arena – Ice Surface | Building: Acadia Athletics Complex Directions: Enter the main Athletics Complex doors, turn left, proceed in the hallway to |
|-----------------------------|---|
| 10 | stairs on right. Take the steps down to the basement. Turn right, through doors. Accessible : Enter the main Athletics Complex doors, turn left, proceed in hallway to elevator straight ahead. Take elevator down to the basement. Turn right, through the doors. |
| AAC 2010 | Building: Acadia Athletics Complex |
| 10 | Directions : Enter the main Athletics Complex doors, turn left, proceed in the hallway to stairs on right. Take the steps down to the basement. Turn left, proceed in the hallway, the mLAB will be on the right. Accessible : Enter the main Athletics Complex doors, turn left, proceed in the hallway to |
| | elevator straight ahead. Take elevator down to the basement. Exit the elevator, proceed in the hallway, the mLAB will be on the right. |
| AAC 2142 | Building: Acadia Athletics Complex Directions: Enter the main Athletics Complex doors, turn left, proceed in the hallway to |
| 10 | stairs on right. Take the steps down to the basement. Turn left, proceed in the hallway, turn left at the first hallway. The AT Lab is on the left. |
| | Accessible : Enter the main Athletics Complex doors, turn left, proceed in the hallway to elevator straight ahead. Take elevator down to the basement. Exit the elevator, proceed in the hallway. Turn left, proceed in the hallway, turn left at the first hallway. The AT Lab is on the left. |
| AAC - | Building: Acadia Athletics Complex |
| Snoezelen | Directions : Enter the main Athletics Complex doors, turn left, proceed in the hallway to |
| Room | stairs on right. Take the steps down to the basement. Turn left, through doors. Proceed |
| | through the hallway to first hallway on left, then turn right, proceed through the hallway, the |
| 10 | Snoezelen room is on the right. |
| | Accessible: Enter the main Athletics Complex doors, turn left, proceed in the hallway to elevator straight ahead. Take elevator down to the basement. Turn left, through doors. Proceed through the hallway to first hallway on left, then turn right, proceed through the hallway, the Snoezelen room is on the right. |
| BAC 131 | Building: Beverage Arts Centre |
| | Directions : Enter the BAC doors by the library, turn right and proceed to the steps, go down the steps to the 1 st level. Proceed in the hallway to the art gallery, before the gallery take the doors on the left, turn right and go through the doors. Proceed in the hallway, the room is straight ahead. |
| | Accessible : Enter the BAC doors by the library, take the ramp on the left to the upper level, the elevator is on the right. Take the elevator to the 1 st floor. Exit the elevator, turn right and proceed through the hallway. Turn left and proceed through the doors, turn right and proceed through the doors, the room is straight ahead. |
| BAC 135 | Building: Beverage Arts Centre |
| | Directions : Enter the BAC doors by the library, turn right and proceed to the steps, go down the steps to the 1 st level. Proceed in the hallway, before the set of doors, turn right. The room is straight ahead. |
| | Accessible : Enter the BAC doors by the library, take the ramp on the left to the upper level, the elevator is on the right side. Take the elevator to the 1 st floor. Exit the elevator, turn right and proceed through the hallway. Before the set of doors, turn right. The room is straight ahead. |
| BAC 137 | Building: Beverage Arts Centre Directions: Enter the BAC doors by the library, turn right and proceed to the steps, go down the steps to the 1 st level. Proceed in the hallway, before the set of doors, turn right. The room is the first door on the right. |
| | Accessible : Enter the BAC doors by the library, take the ramp on the left to the upper level, the elevator is on the right side. Take the elevator to the 1 st floor. Exit the elevator, turn right and proceed through the hallway. Before the set of doors, turn right. The room is the first door on the right. |

| BAC 138 | Building: Beverage Arts Centre Directions: Enter the BAC doors by the library, turn right and proceed to the steps, go down the steps to the 1st level. Proceed in the hallway, before the set of doors, The room is on the right. Accessible: Enter the BAC doors by the library, take the ramp on the left to the upper level, the elevator is on the right side. Take the elevator to the 1st floor. Exit the elevator, turn left and proceed through the hallway. The room is on the left. |
|---------------------------------|---|
| BAC 236 | Building : Beverage Arts Centre Directions : Enter the BAC doors by the library, turn right and proceed to the steps, go up the steps to the 2 nd level. Proceed in the hallway, the room is on the right. Accessible : Enter the BAC doors by the library, take the ramp on the left to the upper level, proceed through the hallway. The room is on the right. |
| BAC 237 | Building: Beverage Arts Centre Directions: Enter the BAC doors by the library, turn right and proceed to the steps, go up the steps to the 2 nd level. Proceed in the hallway, the room is on the right. Accessible: Enter the BAC doors by the library, take the ramp on the left to the upper level, proceed through the hallway. The room is on the right. |
| BAC 424 | Building : Beverage Arts Centre Directions : Enter the BAC doors by the library, turn right and proceed to the steps, go down the steps to the 1 st level. Proceed in the hallway, take the steps to the right of the art gallery. Take the steps to the 4 th floor. The room is on the right. Accessible : Enter the BAC doors by the library, take the ramp on the left to the upper level, the elevator is on the right side. Take the elevator to the 4 th floor. Exit the elevator, turn right and proceed through the hallway (turn right, turn left, turn right). The room is on the left. |
| Biology Building Basement | Building: Biology Building Directions: Enter the Biology Building main doors. Turn right, take the stairs down to level B, open the stairwell door and turn left. The room is straight ahead. Accessible: Enter the Biology Building through the side door (closest to War Memorial House). Turn left and take the elevator to level B, exit the elevator and the room is straight ahead. |
| BIO 240 | Building: Biology Building Directions: Enter the Biology Building main doors. Turn left and procced through the hallway, the room is on the right. Accessible: Enter the Biology Building through the side door (closest to War Memorial House). Turn left and take the elevator to level 2, exit the elevator, proceed straight through the hallway, the room is on the right. |
| EMM 201 | Building: Emmerson Hall Directions: Enter the main doors into the foyer, room is on the left. Accessible: Enter the building from the side door with the ramp. Turn right and proceed in hallway. Room is on the right. |
| EMM 209 | Building: Emmerson Hall Directions: Enter the main doors into the foyer, room is on the right. Accessible: Enter the building from the side door with the ramp. Turn right and proceed in hallway. Room is on the left. |
| GYM 491 | Building: Acadia Athletics Complex – Front side (doors facing Main Street) Directions: Enter the School of Kinesiology doors, proceed in the foyer to the steps on the left side. Take the steps up to the 400 level. Turn left, proceed in the hallway, Gym 491 is straight ahead. Accessible: Enter the main Athletics Complex doors, turn right, proceed through turnstiles, take first hallway on right. Proceed in hallway through door, turn left, turn right at first hallway. Elevator is on right side. Take elevator to 400 level. Exit elevator, Gym 491 is straight ahead. |

| HDH 204 | Building: Harvey Denton Hall - Auditorium |
|--------------|---|
| | Directions : Enter Denton Hall through doors closest to the SUB. Proceed through the first |
| 3 | door into the hallway, take the first hallway on the left. Proceed in the hallway though one |
| | door, and the room is straight ahead. |
| | Accessible: Enter Denton Hall through doors closest to the SUB. Proceed through the first |
| | door into the hallway, take the first hallway on the left. Proceed in the hallway though one |
| | door, and the room is straight ahead. |
| HDH 226 | Building: Harvey Denton Hall |
| | Directions : Enter Denton Hall through doors closest to the SUB. Proceed through the first |
| 3 | door into the hallway, the room is the first door on the left. |
| | Accessible : Enter Denton Hall through doors closest to the SUB. Proceed through the first |
| | door into the hallway, the room is the first door on the left. |
| HSH 010 | Building: Huggins Science Hall |
| | Directions : Enter the Huggins Science Hall main doors, take the stairs located on the left to |
| 9 | the lower level. Turn right and the room is on the right. |
| | Accessible: Enter the Huggins Science Hall main doors, turn left and enter the door, |
| | proceed in the hallway and take the first door on the right. |
| HSH 143 | Building: Huggins Science Hall |
| 11011 140 | Directions : Enter the Huggins Science Hall main doors, take the hallway on the right. |
| | Proceed in the hallway and turn left at the next hallway. The room is on the right. |
| 9 | |
| | Accessible: Enter the Huggins Science Hall main doors, take the hallway on the right. |
| HSH 312 | Proceed in the hallway and turn left at the next hallway. The room is on the right. Building: Huggins Science Hall |
| поп 312 | |
| | Directions : Enter the Huggins Science Hall main doors, take the hallway on the right. |
| 9 | Proceed in the hallway and enter the stairwell on the right. Take the steps to the 3 rd floor. |
| | Turn right and the room is located halfway down the hallway on the right. |
| | Accessible: Enter the Huggins Science Hall main doors, take the hallway on the right. |
| | Proceed in the hallway and take the elevator on the right. Take the elevator to the 3 rd floor. |
| | Turn right, proceed to the end of the hallway and turn right. The room is located halfway |
| | down the hallway on the right. |
| PAT 107 | Building: Patterson Hall |
| | Directions : Enter Patterson Hall, turn left and proceed through the hallway to the end, turn |
| | right and the room is on the left. |
| | Accessible: Enter Patterson Hall, turn left and proceed through the hallway to the end, turn |
| | right and the room is on the left. |
| PAT 206 | Building: Patterson Hall |
| 1 | Directions : Enter Patterson Hall, turn left and take the stairs located on the left to the 2 nd |
| 1 6 | floor. Turn left to the end of the hallway, then turn right. The room is on the left. |
| | Accessible : Enter Patterson Hall, turn right and take the elevator the left to the 2 nd floor. |
| | Turn right, to the end of the hallway. Turn right and procced to the end of the hallway, then |
| | turn right. The room is on the left. |
| Research | Building: KC Irving Centre |
| wing of KCIC | Directions : Enter the KCIC Irving Centre to the foyer, turn left and take the steps to the |
| | lower level. Turn right to the foyer, take the hallway on the left and proceed through the |
| 6 | doors down the hallway. |
| | Accessible: Enter the KCIC Irving Centre to the foyer, turn left and take the elevator on the |
| | right to the lower level. Turn left to the foyer, take the hallway on the left and proceed |
| | through the doors down the hallway. |
| SteamSpace | Building: Raymond Hall |
| | Directions : Enter Raymond Hall on the Upper level using the metal bridge/pedway. |
| | Accessible: Enter Raymond Hall on the Upper level using the metal bridge/pedway. Note: |
| | this tour will be of both levels, but the 2 nd level is not accessible. |
| VML Quiet | Building: Beverage Arts Centre |
| Room | Directions : Enter the BAC doors by the library, Enter the doors straight ahead into the |
| | library. Turn left and the room is on the right. |
| | Accessible: Enter the BAC doors by the Library, Enter the doors straight ahead into the |
| | library. Turn left and the room is on the right. |
| | norary. Tarritor and the room to on the right. |



Need assistance while at the Acadia THRIVE Conference?
Contact our organizers
Kim @ 902-678-3979
Lisa @ 902-698-1735
Mary-Jane @ 902-690-5430

